## Read Me

This workbook demonstrates how manipulate menu, menu items, and submenu items using VBA.

The Auto\_Open macro cycles through all menus, menu items, and submenu items for the worksheet menu bar. Each caption is replaced with its original caption -- backwards. The original hot keys remain, so the menu can still be accessed using familiar keystrokes. The menus can be returned to normal by selecting the last menu item on the Pleh menu.

For an amusing April Fool's joke, copy this workbook to the XLSTART directory of an unsuspecting office-mate.